



Workplace Employee Hygiene

Welcome to the Workplace Employee Hygiene Training.

In any work environment public spaces or any other setting where you interact with others these issues are bound to come up. They might be concerns, in some cases. Become major issues affecting everyone involved. Sometimes they arise due to a lack of training or consideration for others.

During each session our trainers will equip your employees with the tools and guidance to maintain professionalism and a presentable appearance. This is especially important when these issues occur because of a lack of training or simply not considering others. If there are individuals who're unaware of their hygiene issues our trainers will integrate them into group sessions so that no one feels singled out or embarrassed. This serves as both a reminder and an additional training opportunity for those, at a level of hygiene while helping those who need improvement meet the company's standards.

Course Overview;

The initial part of the session focuses on getting acquainted with participants and discussing what will take place during the workshop. Participants also have the opportunity to identify their learning objectives.

This workshop aims to assist you in teaching participants the following;

- Recognizing the advantages of engaging in conversations
- Explaining the components of an effective behavior modification discussion
- Utilizing company resources to address hygiene concerns
- Overcoming resistance, from employees when addressing hygiene related issues
- Resolving various hygiene problems such as messy hair inappropriate piercings or body art, improper clothing choices, bad breath body odor, excessive gas and incontinence
- Addressing poor hygiene habits proactively
- Identifying strategies to promote good hygiene within the office

Let's Get Talking!

To kick off the session participants will explore both personal benefits associated with investing time and effort into conversations.

Guidelines for Challenging Conversations

During this segment participants will be provided with a framework for engaging in conversations. They will also have an opportunity to practice role playing approaches to initiating dialogue. Additionally, participants will receive a checklist of business policies that they should familiarize themselves with.

Overcoming Objections

Moving forward participants will engage in role playing exercises focused on handling situations where employees may become offended or deny having a problem. Strategies, for addressing fixes or claims related to disability causing the issue will also be explored.

Dealing with Unruly Hair; Tackling those Challenging Hair Days

In this session we will explore options to address hair situations, unprofessional hairstyles and the bothersome issue of dandruff.

Navigating Piercings and Body Art Etiquette

Participants will discover techniques to address concerns related to body piercings and tattoos. We'll delve into problem solving strategies that can help resolve any issues that may arise.

Dressing for Professional Success; Assisting Employees, with Dress Code Matters

Our focus will be on guiding participants through handling dress code violations. We'll also touch upon gender topics in this area. Additionally, we'll share tips for assisting employees who may lack the resources to dress appropriately.

Tackling Bad Breath; Understanding the Causes and Finding Solutions

This session will delve into the causes of breath (officially known as halitosis) exploring ways to solve it. We'll also discuss how to approach conversations about this matter with employees.

Managing Body Odor Concerns; Promoting Personal Hygiene in the Workplace

Next up participants will brainstorm ideas on promoting hygiene and addressing body odor issues due to medical conditions or excessive use of perfumes. We'll also touch upon approaches for handling situations where alcohol or drug use may be suspected among employees.

Addressing Gastrointestinal Challenges; Conversations about Incontinence and Flatulence

This session aims to facilitate discussions between workers regarding gastrointestinal challenges such, as incontinence and flatulence.

Breaking Free from Bad Habits; Identifying Poor Hygiene Practices and Finding Solutions

Participants are encouraged to compile a list of hygiene habits they come across and engage in brainstorming sessions to find practical solutions for them.

Applying it in Real Life

In this activity participants will engage in a role-playing exercise that simulates a hygiene scenario. They will then receive feedback on their approach. How they handled the situation.

Concluding the Workshop

Towards the end of the program participants will be provided with an opportunity to ask any questions they may have and also complete an action plan.

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