



Team Improvement Training

Welcome to the Team Improvement Training.

A team is the single most important component that keeps businesses running. It must therefore focus on only improving further by increasing their efficiency. The ideal result in this regard would be a team that works so seamlessly, one would think that each team member is an extension of the others' bodies. With this emphasis on improvement, we have dedicated our training course into discussing things such as effective task delegation, morale building, conflict resolution and the management of difficult behaviour. All of these things are guaranteed to provide teams the necessary tools to become the best possible assets any company would compete for.

We have team activities and team building tasks to illustrate many of the points. Of course, the road to improvement doesn't end here, as we have a lot of training courses dedicated to providing the best possible training experiences. In fact, we even allow for customised training sessions, so you can focus on more specific needs.

Course Overview

You will spend the first part of the session getting to know participants and discussing what will take place during the workshop. Participants will also have an opportunity to identify their personal learning objectives.

This training session will help you teach participants how to:

- The value of working as a team
- Ways to develop team norms, ground rules, and team contracts
- How to identify their team player style and how to use it with their own team ☐ Techniques for building team trust
- The stages of team development and how to help a team move through them
- The critical role communication skills will play in building and maintaining a team atmosphere
- Ways that team members can be involved and grow in a team setting

Defining Teams

In this session, we will help participants understand the concept of a team and explore the various types of teams. Additionally, participants will have the opportunity to demonstrate synergy through a simple exercise

Establishing Team Norms

This session, participants will look at some of the advantages and disadvantages of teams. Moreover, they will also explore ground rules and team contracts.

Working as a Team

During this session, participants will learn how to use the Degrees of Support to help a team work through controversial issues.

Your Team Player Type

Participants will score their pre-assignment and identify their team player type. Additionally, they will then work in small groups to discuss the strengths and weaknesses of their type and how to use this information to their advantage.

Building Team Trust

In this session, participants will explore some ways to establish and build trust on their team.

The Stages of Team Development

Participants will spend this session looking at Tuckman and Jensen's five stages of team development: forming, storming, norming, performing, and adjourning.

Virtual Teams

In this session, participants will gain insight about, what are virtual teams? What strategies can be used to ensure the success of virtual teams? How can virtual teams' bond?

Communication

This session will explore essential principles of effective communication.

Becoming a Good Team Player

During this session, participants will think about ways to increase interaction among their team and build trust.

Wrapping Up the Workshop

Towards the end of the session participants will have an opportunity to inquire about any doubts they may have and complete an action plan.

Visit <https://paramounttraining.com.au> for more information or call 1300 810 725