



Critical Thinking

In today's world we are constantly bombarded with an amount of information all competing for our beliefs, support and choices, in life. The question that arises is; how can we distinguish truth from fiction in this era of information?

The answer lies in the realm of thinking. The skill to navigate through problems with clarity and present persuasive and logical arguments is no longer an ability but a crucial tool for thriving in the world we live in today. This training session provides techniques and hands on experience to enhance your thinking and problem-solving abilities.

Overview of the course;

Our journey begins by introducing participants to the workshops agenda and creating a foundation, for what will be covered. Participants will also have the opportunity to express their goals for learning during this session.

In this one-day workshop you will be taught the following;

- Differentiating between critical and non-critical thinking
- Identifying your thinking style, including strengths and areas, for improvement
- Exploring different styles of thinking, such as left brain and right brain thinking, as well as whole brain thinking
- Navigating the process of critical thinking to construct or evaluate arguments
- Developing and evaluating explanations effectively
- Strengthening essential critical thinking skills like active listening and questioning
- Utilizing analytical thought systems and creative thinking techniques effectively
- Preparing and delivering persuasive arguments

Understanding Critical Thinking;

Our initial session will delve into the core principles of critical thinking uncovering its defining characteristics and necessary skills. We will also discuss strategies for nurturing these skills.

Integration of Thinking Styles;

In the module we will explore a wide range of left brain and right brain thinking approaches along with the holistic perspective provided by whole brain thinking.

Overcoming Obstacles to Decision Making;

This section uncovers barriers that impede sound decision-making processes. It also offers strategies to overcome them.

The Critical Thinking Process;

Participants will embark on a journey, through a seven-phase thinking model based on established standards. The model will be implemented through a real-life case study.

Skills for Critical Thinking;

In this session participants will learn the abilities needed for thinking such as asking insightful questions probing deeper and actively listening.

Explaining Effectively;

A vital aspect of thinking is being able to articulate the reasons behind a phenomenon. This module focuses on equipping individuals with the skills to achieve this effectively.

Addressing Assumptions;

Assumptions are a part of our lives but they can sometimes hinder our ability to think critically. This segment provides guidance on reducing our reliance on assumptions.

Utilizing Common Sense;

Common sense is often. Can be a tool, for thought. We will explore how to harness it in this workshop.

Critical and Creative Thought Processes;

Continuing the journey, we will examine thought systems that promote creative thinking, including De Bonos thinking hats and the art of brainstorming.

Putting Theory into Action;

During the session participants will gain insights into constructing and delivering persuasive and logical arguments. They will also have the opportunity to prepare and present their thinking presentations while evaluating others presentations using their newly acquired skills.

Workshop Conclusion;

By the end of the course participants will have the opportunity to ask any remaining questions, for clarification and create a plan of action to apply their acquired thinking skills.

Visit <https://paramounttraining.com.au> for more information or call 1300 810 725