# Workplace Motivation

Welcome to the Workplace Motivation Training.

Motivation is everything when it comes to work. More precisely, it is the very principle that forms a successful person as it is what allows them to pull through any dangerous or hectic situation. In a more practical sense, the fires of determination can affect your productivity, morale and even your entire career. What makes the metaphor even more appropriate is that you get to pass this skill down on others by promoting a motivational climate and designing jobs that aim at increasing motivation.

This training course arms you with the knowledge to push through any kind of upheaval and more. We discuss techniques for internal motivation and working with self talk strategies to improve overall performance.

**Course Overview**

You will spend the first part of the session getting to know participants and discussing what will take place during the workshop. Students will also have an opportunity to identify their personal learning objectives.

**This workshop will help you teach participants how to:**

- Describe what motivation is
- Describe common motivational theories And how to use them
- Learn when to use various sorts of motivators
- Produce a motivational climate
- Design a motivating job

## What is Motivation?

To Start, participants will explore inspiration through an enjoyable activity.

### Supervising and Motivation

Next, We'll look at three regular objects that represent three approaches to motivation: the carrot, the whip, and the plant.

### Motivational Theories

During This session, participants will explore Maslow's and Herzberg's theories of inspiration. They'll also review their pre-assignment.

### Setting Goals

Goal setting is an important part of motivation. This session will examine the SPIRIT acronym for setting goals.

### The Role of Values

During this session, participants will identify their personal values, which will help them understand their motivators.

### Creating a Motivational Climate

This session will consider the reinforcement theory, also referred to as the behavioral concept, of motivation. Expectancy theory and McClelland's needs concept will also be discussed.

### Applying Your Skills

During This session, participants will work on several inspirational case studies.

**Designing Motivating Jobs**

This session will explore ways of designing (or redesigning) motivating jobs. We'll also discuss the ten things you can do to inspire employees on a daily basis.

**Course Wrap-Up**

At The end of the day, students will have a chance to ask questions and fill out an action plan.

Visit https://paramounttraining.com.au for more information or call 1300 810 725

PARAMOUNT
training & development