



## The X-Factor Team Training

Can you say yes to the question, “does your team have what it takes”? If you aren’t sure you may have to strengthen your team and help them gain the extra skills and techniques needed to excel in the workplace. This will help you to grow your business much more quickly and effectively than if you had a mediocre staff as your workforce.

This X-Factor session was specially designed to turn your team into super performers and excellent communicators. We will be able to provide you and your team with the necessary tips, tricks, and techniques to enhance motivation, communication skills, and overall productivity. This training session will employ an interactive and skills based approach that will engage and enhance the strength of your team.

## Course Overview

You will spend the first part of the course getting to know participants and discussing what will take place during the workshop. Students will also have an opportunity to identify their personal learning objectives.

### **This workshop will help you teach participants how to:**

- Stay motivated 24/7
- Use communication techniques to find solutions easier
- Body Language and Its Positives (changing emotion)
- Learn the Time Management Tricks
- Understand Human Error and Relationship Problem Solving
- Learn the Problem Solving Toolkit

### **Staying Motivated 24/7**

In this session, participants will learn how you can create motivation. We provide techniques to participants that will enable them to personally create motivation whenever they feel their motivation levels may be depleted.

### **Using communication techniques to find solutions easier**

This session will provide advanced skills in communication for the participants to improve on their performance.

### **Body Language and Its Positives (changing emotion)**

Here, participants will learn how to be able to improve or change emotion with the use of body language can be an impressive skill. Emotion is important in problem solving, communication and delivery of presentations etc. We discuss how Body language can assist a team in working together also.

### **Time Management Tricks**

In this session, our trainer will help participants learn more about simple time management systems to help keep on track and reach the goals in the timeframe provided.

### **Human Error and Relationship Problem Solving**

Here, our trainer will provide information for participants on how to deal with common issues and problems within teams.

### **Problem Solving Toolkit**

We add this section to the training session to help participants become more active and motivated on problem solving.

### **Workshop Wrap-Up**

At the end of the course, students will have an opportunity to ask questions and fill out an action plan.

Visit <https://paramountraining.com.au> for more information or call 1300 810 725