



## Growth Mindset Learning and Growth for Teams

Lifelong learning is the best way to keep up with the pace of change in the world. To thrive in an ever-changing world, organizations must foster a learning culture. It starts by instilling a growth mindset in all employees. A growth mindset is essential to create a learning culture in your company and make people lifelong learners.

What is a growth mindset? It will give your company a competitive edge and allow you to adapt, grow, and succeed. This one-day training course will explore the concept further. It is the belief that one can always learn and grow.

## **Course Overview**

We will spend the first part of the session getting to know participants and discussing what will take place during the workshop. Students will also have an opportunity to identify their personal learning objectives.

### **This workshop will help you teach participants to:**

- Improve your leadership with a growth mindset.
- How to create and nurture a growth mindset.
- Analyze the beliefs and actions that lead to a positive outlook within your organization.
- Take advantage of opportunities to grow your mindset.
- Employ practices that encourage growth mindset in an organization.
- Understand why people do what they do.

## **Foundations for Growth Mindset**

First, we will help participants identify and discuss the differences between a fixed and growth mindset.

### **Growth vs Fixed Mindset**

Next, we will explain the key difference between a growth and fixed mindset and the different implications a fixed mindset and a growth mindset have on a company.

### **Nurture growth mindsets**

Here, participants will learn how to set the tone and pace for developing their team members' growth mindsets.

### **Embracing the growth mindset as a team**

In this session, participants will learn the different tips on how to shift their team to a growth mindset.

### **Deep Dive - Organisational Mindset**

Here, we will help participants to identify organizational mindsets and then compare and contrast them between fixed-minded organizations and growth-oriented ones.

## **Achieve A Growth Mindset in your Team**

This session teaches participants on how they can instill a growth mindset in their team.

## **The Right Mindset for Success**

To lead your team into success, a leader must first exemplify the right mindset for success. In this session, we will help participants consciously adopt the practices and beliefs of a growth mindset.

## **Deal with setbacks and failures**

Lastly, we will help participants overcome perfectionist syndrome. This session will help them identify the ways your mindset can affect how they behave.

## **Workshop Wrap-Up**

At the end of the day, students will have an opportunity to ask questions and fill out an action plan.

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